

Revised: MAR 2018	Allergens Present in the Menu Item									
	Peanuts	Tree Nuts	Milk and Milk Derivatives	Egg	Soy	Wheat or Other Gluten Sources	Sesame Seeds	Seafood (Fish / Shellfish)	Sulphites	Mustard
PROTEIN										
Beef Burger, 4 oz										
Beef Burger, 6 oz										
Chicken Breast										
Turkey Burger										
Veggie Burger					YES	YES	YES			
Hot Dog										YES
BUNS										
White Hamburger Bun, ON	YES*	YES*		YES		YES				
White Hamburger Bun, CAL					YES	YES	YES			
White Hamburger Bun, EDMONTON, FORT McMURRAY, BC			YES	YES	YES	YES	YES		YES	
Multigrain Whole Wheat Hamburger Buns, ON		YES*		YES		YES	YES			
Brown Hamburger Buns, CAL					YES	YES				
Whole Wheat Hamburger Buns, EDMONTON, FORT McMURRAY, BC			YES		YES	YES	YES			
Hot Dog Bun/Sausage ON			YES		YES	YES	YES			
Hot Dog Bun, CAL			YES		YES	YES	YES			
Hot Dog Bun/Sausage EDMONTON, FORT McMURRAY, BC			YES		YES	YES	YES		YES	
Gluten Free Buns					YES		YES			
SIDES										
House-Cut Fries, Regular										
House-Cut Fries, Medium										
House-Cut Fries, Large										
Classic Poutine			YES		YES					
Breakfast Poutine			YES	YES						
Veggie Fries			YES							
Onion Rings					YES	YES				YES
SALAD										
Salad Vegetables, No Dressing										
Caesar Salad, No Dressing							YES			
Fat Free Rancher's Choice			YES							
Creamy Ranch Dressing,			YES	YES						
Greek Feta & Oregano			YES							
Balsamic Vinaigrette, ON										YES
Balsamic Vinaigrette, CAL, ED, BC									YES	
Renee's Asian Sesame			YES	YES	YES	YES	YES	YES	YES	YES
Renee's Mighty Caesar			YES	YES				YES		YES
PREMIUM TOPPINGS										
Bacon, ON										
Applewood Smoked Bacon, AB, BC										
Bacon bits										
Cracker Barrel Medium Cheddar			YES							
Cracker Barrel Swiss			YES							
Monterey Jalapeno Cheese			YES							
Herbed Capriny Cheese, ON			YES							
Chevrai Goat Cheese, CAL			YES							
Brie Alexis de Portneuf Belle triple cream cheese, ON			YES							
Cheese Curds			YES							
Pico de Gallo										
Pico de Gallo, CAL									YES	
Ginger Glazed Pineapple			YES							
Mushrooms Cremini									YES	
Egg				YES						
DIPS										
Garlic Mayo				YES	YES					
Wasabi Mayo				YES	YES					YES
Curry Mayo				YES	YES					YES
Gravy Sauce			YES		YES					
Cheese Sauce			YES							
Sour Cream (14%)			YES							
Jalapeno Flavoured Sour Cream			YES							
Signature Pink Sauce				YES	YES				YES	
Maple Syrup Infused Red Onions										
Piri Piri Marinade										
40 Creek Whisky BBQ Sauce			YES	YES	YES	YES	YES	YES		YES
Ketchup										
Cajun Onions					YES					
Mushrooms										
Dijon Mustard, ON										YES
Hot Dijon Mustard, AB, BC									YES	YES
Dijon Horseradish				YES	YES				YES	YES
Honey Mustard, AB, BC										YES
Honey Mustard, ON										YES
Mustard										YES
Relish, Sweet Green (with red peppers)										YES
Relish, Sweet Green, AB, BC										
Relish, Sweet Green, ON									YES	YES
Relish, Hot Pepper									YES	
Ultimate BBQ Sauce										YES
Frank's Original Red Hot										
Green Pepper Tabasco Sauce										
SSBC BBQ Seasoning										
Worcestershire Sauce								YES		
Third Degree Hot Sauce										
From the Garden										
Tomato Slices										
Cucumber Slices										
Red Onions										
Green Olives										
Pickles, Gielo, ON									YES	
Pickles, GFS, AB, BC										
Guacamole, Avo Fresco, ON										
Guacamole, California Supreme, AB, BC										
Hot Pepper Rings, ON									YES	YES
Hot Pepper Rings, AB, BC									YES	
Mango Chutney, ON										
Mango Chutney, AB, BC	YES									
MILK SHAKES										
Vanilla Milk Shake	YES*	YES*	YES							
Chocolate Milk Shake	YES*	YES*	YES							
Strawberry Milk Shake	YES*	YES*	YES							
Cookies 'n Cream	YES*	YES*	YES				YES			
Mocha Milk Shake, ON	YES*	YES*	YES						YES	
<p>South St. Burger attempts to provide nutrition and ingredient information regarding its menu items that is as complete as possible. Some menu items may not be available at all restaurants. Test products, test formulations, regional products and/or limited time promotional products have not been included. The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier.</p> <p>Further, product formulations change periodically. Serving sizes may vary from quantity upon which the analysis was conducted. This list is effective as of March 2018 and is updated periodically. Items included may be subjected to change without notice. Allergens were listed here, as they are reported by our suppliers. South St. Burger is a restaurant environment, serving foods that are not in sealed packages; therefore, unfortunately we cannot guarantee a 100% allergy-free environment.</p> <p>* - may contain</p>										
The items that don't indicate the province pertain to all locations.										