

	Serving	Serving Size	Cal (kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	CHO (g)	Fibre (g)	Sugars (g)	Pro (g)	Vit A (%DV)	Vit C (%DV)	Calc (%DV)	Iron (%DV)	GMO
Fanta Orange	1 cup	470 ml	200	0	0	0	0	55	55	0	54	0	0	0	0	0	
Milk Shakes																	
Vanilla Milk Shake	1 each	433 g	538	26	15	1	88	276	81	0	54	11	23	0	34	0	
Vanilla Milk Shake, BC	1 each	433 g	567	28	15	0	116	317	110	0	40	12	15	0	40	0	
Chocolate Milk Shake	1 each	433 g	538	22	15	1	70	276	70	4	48	11	23	0	34	7	
Strawberry Milk Shake	1 each	433 g	474	24	15.4	1	77	232	59	0.7	61	11	18	0	30	0	
Mocha Milk Skake	1 each	433 g	434	22	13	1	70	184	71	0	44	4	15	0	10	0	
Cookies 'n Cream, Calgary only	1 each	433 g	610	29	16	1	88	331	78	0	60	11	15	0	38	7	